

Welcome to the Ageing Well Activity pack!

As you will be aware the restrictions that we have been living with have been extended, though we still have the opportunity to safely get out and about throughout June.

We will therefore continue to send out the activity packs on a fortnightly basis for the time being.

We have loved making the packs and hope that you have enjoyed them as much as we have!!

We will continue to send the pack to you but please let us know if you would like to be taken off the list by calling The Hop50+ on 01273 729603.

We understand that this is still a time of concern for many and want to remind you that for our Brighton and Hove residents, our friendly Ageing Well Service continues to be available to answer queries and sign post you to appropriate information on weekdays 9am – 5pm.

Tel Number: 07770 061 072

Web site: <http://ageingwellbh.org/>

They have created a directory of useful services that they can discuss with you over the telephone, or will be happy to send you the information you need.

**This week is another mix of random enigmatic pleasures.
Welcome to another Monstrous Mish Mash!**

We really hope you enjoy it!



I hope you enjoy our fun trivia quiz!



1. Name the biggest island in the world.
2. Which country produces the most coffee in the world?
3. How many grammys does John Legend have?
4. What is the brightest star in the sky?
5. How many wives did Henry VIII have?
6. What nut is used to make marzipan?
7. What is it called when a bottle of champagne is opened with a sword?
8. What colour is a giraffe's tongue?
9. What country has the most vending machines per capita?
10. What is the most frequently sold item in Walmart?
11. What was the first toy to be advertised on television?
12. What are the folds of skin on a cat's ears called?
13. What are baby owls called?
14. On average, how long does it take food to pass through the human body?
15. Which country owns every panda in the world?
16. What is the most common colour of toilet paper in France?
17. Who invented the word vomit?
18. Coprastastaphobia is the fear of what?
19. Ph.D. stands for what?
20. The world's longest running TV show is what?
21. Which country has not fought a war since 1814?
22. Spinach is high in which mineral?
23. In the film Babe, what type of animal was Babe?
24. What's the total number of dots on a pair of dice?
25. Which bird has the largest wingspan?

Can you work out the final sum!



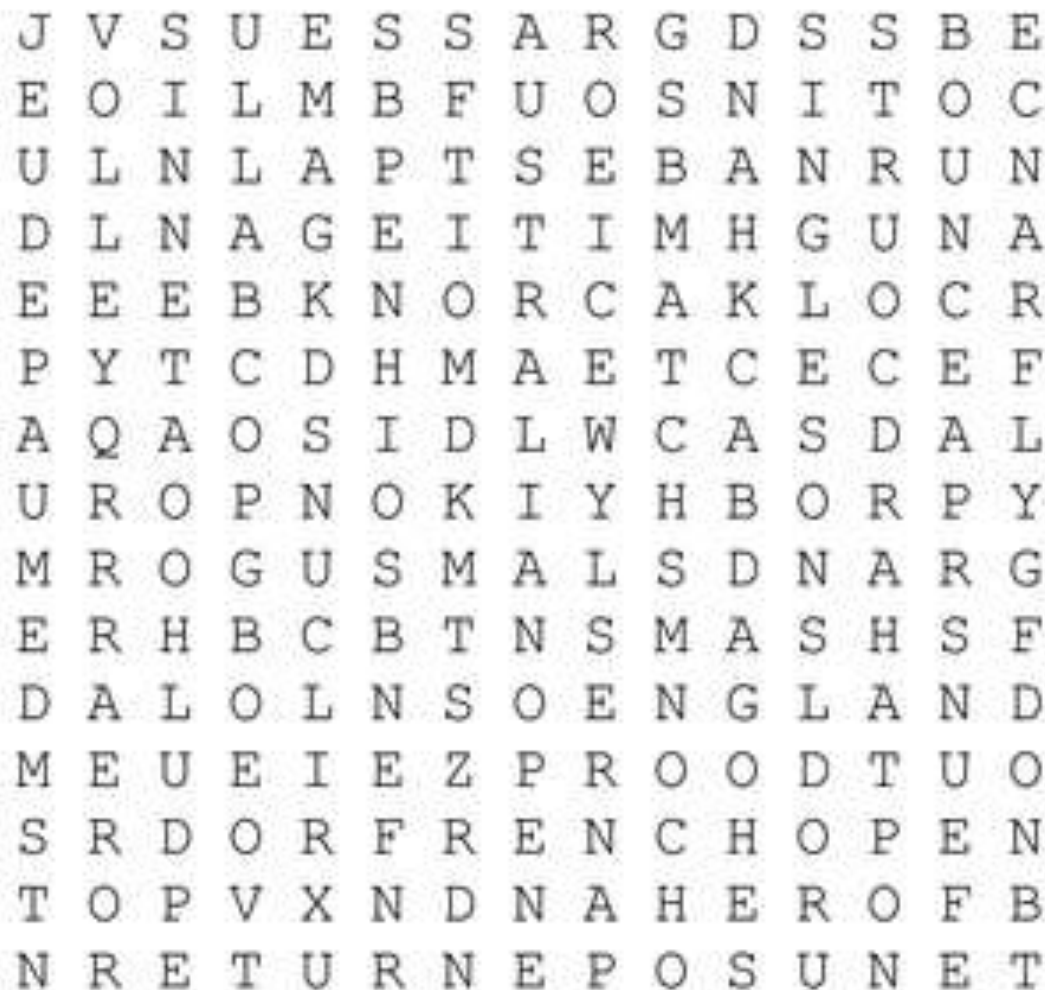
$$\text{Rooster} + \text{Rooster} + \text{Rooster} = 60$$

$$\text{Rooster} + \text{Basket of 3 Eggs} + \text{Basket of 3 Eggs} = 26$$

$$\text{Basket of 3 Eggs} + \text{Bunch of 3 Bananas} + \text{Bunch of 3 Bananas} = 15$$

$$\text{Rooster} + \text{Basket of 3 Eggs} \times \text{Bunch of 3 Bananas} = ???$$

Tennis season is on its way, I hope you enjoy our tennis themed wordsearch



AUSTRALIAN OPEN	BACK HAND	BIRMINGHAM	POINT
BOUNCE	COURT	DOUBLES	RACKET
DROP SHOT	ENGLAND	FORE HAND	RETURN
FRANCE	FRENCH OPEN	GAME	SERVE
GRAND SLAMS	GRASS	HARD COURTS	SET
INDOOR	ITF	JEU DE PAUME	SINGLES
MATCH	NET	OUTDOOR	SMASH
TENNIS	UMPIRE	US OPEN	VOLLEY
WIMBLEDON			



There are 10 differences in the pictures – good luck in finding them all!!



We have so many beautiful landmarks all over the world, can you name any of the following?



THE ULTIMATE LOGO QUIZ

FOOD BRANDS

1



2



3



4



5



6



7



8



9



10





RANDOM FACTS

That you won't believe are true



You fart on average **14 times** a day, and each fart travels from your body at **7 mph**.



Kangaroos can not walk backwards.



While you sleep you can't smell anything, even really, really bad or potent smells.



Your brain uses **10 watts** of energy to think, and does not feel pain.



Snails take the longest naps, some lasting as long as **three years**.



Hippopotamus milk is pink.



Before 1913 parents could **mail their kids** to Grandma's – through the postal service.



Some fish cough. Really.



Are you terrified that a duck is watching you? Some people are. That is **Anatidaephobia**.



Cans of diet soda will **float in water**, regular soda cans will sink.



Your feet typically produce a **pint of sweat** every single day.



You can cut a pie into **8 pieces**, with only three cuts.

In a room with **23 other people**, there is a **50% chance** that two of the people in the room will share a birthday.



All babies are born with **blue eyes**.



Love carrots? Don't eat too many or you will turn orange.



TRUE STORY!

My friend told me this story, I hope it makes you smile – I can just imagine it happening at the coast here 😊.

Her friend was in Frankston, Australia waiting at the train station for her train to come and she noticed that on the other side of the platform was a man sitting down with a bag of fish and chips. He wasn't really eating them, it looked like he was just waiting for them to cool down.

This attracted a few seagulls which started circling the platform. Rather than shooing the birds away he started feeding them some of the chips. He'd toss one a foot or so away from him, beckoning them to come closer. He kept doing this, eking the chips out slowly to the seagulls in front of him until there was a big group of them - about 15, a tiny army! He'd throw a chip every now and then just to keep them interested but as long as he had chips left they were going nowhere. They seemed to start getting all riled up and started squawking, and it seemed like he was teasing them for some reason.

Then the train came and everyone started getting on but the man stayed on the platform and didn't get on the train. Just when the train was about to leave it happened

Just before the doors closed the man through the whole bag of fish and chips onto the train, the entire flock of seagulls flew onto the train and then the doors closed – with the seagulls inside! She said that everyone was apparently running around like crazy.

Absolute chaos and the next stop was five minutes away! Luckily no seagulls or humans were hurt in this incident, but I'm sure that there was a lot of mess to clean up 😊.



Answers to trivia quiz: 1. Greenland, 2. Brazil, 3. Ten, 4. Sirius, 5. Six, 7. Sabering, 8. Blue, 9. Japan, 10. Banana, 11. Mr Potato Head, 12. Henry's Pockets, 13. Owlets or nestlings, 14. 53 hours, 15. China, 16. Pink, 17. William Shakespeare, 18. Constipation, 19. Doctor of Philosophy, 20. Sabado Gigante, 21. Sweden, 22. Iron, 23. A Pig, 24. 42, 25. Albatros.

Answer to food math quiz = 35.

Picture Quiz Answers: 1. Leaning tower of Pisa, 2. Little Mermaid, 3. Houses of Parliament, 4. St Marks Basilica, 5. London Eye, 6. Tower Bridge, 7. Oxford Bridge of Sighs, 8. Brandenburg Gate, 9. St Basils, 10. Stone Henge, 11. Vatican, 12. La Sagrada Famalia, 13. Collosseum. 14. Eiffel Tower, 15. Pantheon, 16. Buckingham Palace, 17. Nelson's Column, 18. Blenheim Palace, 19. Arc de Triomphe, 20. Icon Murals on the Berlin Wall, 21. Notre Dame, 22. Trivie fountain, 23. Acropolis, 24. Cremlin, 25. Louvre Pyramid, 26. Schloss Neuschwantstein, 27. St Pauls Cathedral, 28. We don't know the answer!! Can you tell us? 29. Versailles, 30. Hagia Sophia

Logo Picture quiz. 1. Subway, 2. Kellogs, 3. M&Ms, 4. McDonalds, 5. Toblerone, 6. Cadburys, 7. Oreo, 8. Ben & Jerry's, 9. Heinz, 10. Domino Pizza

I hope that you have enjoyed this weeks activity pack! 😊